I STILL WEAR A MASK BECAUSE...

I should wear a mask for 10 days after my symptoms start or I test positive (whichever comes first), even if I feel better and have finished self-isolation.

I want to protect those around me. I recently travelled out of the country.

THERE ARE MANY REASONS TO WEAR A MASK. **Be Covid Kind.**



While medical masks and respirators provide the highest level of protection, well-fitted non-medical masks can help limit the spread of COVID-19 (Government of Canada).

I was in close contact with someone who has COVID-19, so I should wear a mask for 10 days from my last contact with the ill person.

Wearing a mask makes me feel more comfortable.